

Messages from the Masters...

"Our **task** is to learn, to become God-like through knowledge... then...we come back to teach and help others." (p46)

"... there are many gods, for **God** is in each of us." (p54)

"There are many **dimensions**... Each one is a level of higher consciousness. What plane we go to depends upon how far we've progressed. ...we must share our knowledge with other people... we all have abilities far beyond what we use." (p68)

"Only we can rid ourselves... of the **bad habits** that we accumulate when we are in a physical state...when you decide that you are strong enough to master the external problems, then you will no longer have them in your next life.

We also must learn not to just go to those people whose **vibrations** are the same as ours. ...You must also go to those people whose vibrations are wrong...with yours. This is the importance... helping...these people.

We are given **intuitive powers** we should follow... We are not sent back from each plane with equal powers. Some [powers]... have been accrued from other times." (p69)

"We have no right to abruptly halt peoples' lives before they have lived out their **karma**." (p76)

"Everything comes from the **light**! Energy comes from this light. Our soul immediately goes there. It's almost like a magnetic force that we're attracted to... It's like a power source.

...we choose when we will come into our **physical state** and when we will leave. We know when we have accomplished what we were sent down here to accomplish." (p83)

"We all must learn certain **attitudes** while we're in physical state. ...Charity, hope, faith, love... we must all know these things... there are so many ways to demonstrate them... The reward is in doing... without expecting anything... doing unselfishly." (p85)

"One must have **patience**... everything comes when it must come. A life cannot be rushed ...Humans have many dimensions. ...time is not as we see time, but rather in lessons that are learned." (p112)

"It is a waste of energy when **fear** is present. It stifles [you] from fulfilling what [you] were sent here to fulfill...

Everything is **energy**... To be in physical state is abnormal. When you are in spiritual state, that is natural to you." (p121)

"In **spiritual form** you do not feel. There is only happiness, a sense of well-being... The interaction between people in the spiritual form is different. When you are in physical state... you can experience relationships." (p124)

"**Learning** in the spiritual state is much faster, far accelerated from that in the physical state...

In spiritual form you can always **contact** those that are in physical state if you choose to. But only if there is importance there... if you have to tell them something that they must know." (p140)

"There are seven planes in all... each one consisting of many levels, one of them being the **plane of recollection**. On that plane ... You are allowed to see your life that has just passed. Those of higher levels are allowed to see history." (p171)

" You progress by paying your **debts**... if something interrupts your ability...to pay that debt, you must return to the plane of recollection, and there you must wait until the soul you owe the debt to has come to see you. And when you both can be returned to physical form at the same time, then you are allowed to return... You determine what must be done to pay that debt...

There are seven planes... seven through which we must pass before we are returned. One...is the **plane of transition**. In that plane it is determined what you will take back with you into the next life. We will all have... a dominant trait. It might be greed, or it might be lust, but whatever is determined, ...you must overcome this in that lifetime... If you do not, when you return you will have to carry that trait as well as another one, into your next life. The burdens will become greater..." (p172)

"How can people in physical form feel this [light] energy? How can they tap into it and be recharged?' 'By their minds... They must be in a very relaxed state. You can **renew** through light... You must be very relaxed so you no longer are expending energy, but you are renewing yours..." (p185)

"You develop through **relationships**. There are some with higher powers who have come back with more knowledge. They will seek out those who need the development and help them." p187

"We come from one life, and, if the **lessons** are completed, we move on to another dimension, another life. We must understand fully... We must experience from all sides.." (p195)

"**Wisdom** is achieved very slowly. This is because intellectual knowledge, easily acquired, must be transformed into 'emotional,' or subconscious, knowledge.

...**Balance** and **harmony**...are the foundations of wisdom." (p209)

"...**happiness** comes from filling one's heart with love, from faith and hope, from practicing charity and dispensing kindness...

...this need to actualize by experience, to make the subconscious imprint permanent by 'emotionalizing' and practicing the concept, is the key... It is easy to read about or to talk about love and charity and faith. But to do it, to feel it, almost requires an altered state of consciousness... It is sustained by physical behavior, by act and deed, by **practice**... transforming it to everyday familiarity by practice, making it a habit." (p210)

"Understand that **no one is greater** than another. Feel it. Practice helping another... It is as if a large diamond were to be found inside each person... It is the job of the soul to clean each facet until the surface is brilliant and can reflect a rainbow of colors.

The only differences among people are the number of facets cleaned. But each diamond is the same, and **each is perfect**.

When all...cleaned... the diamond returns to...pure energy... The **lights** remain... The pure energy exists in the rainbow of lights, and the lights possess consciousness and knowledge." (p211)